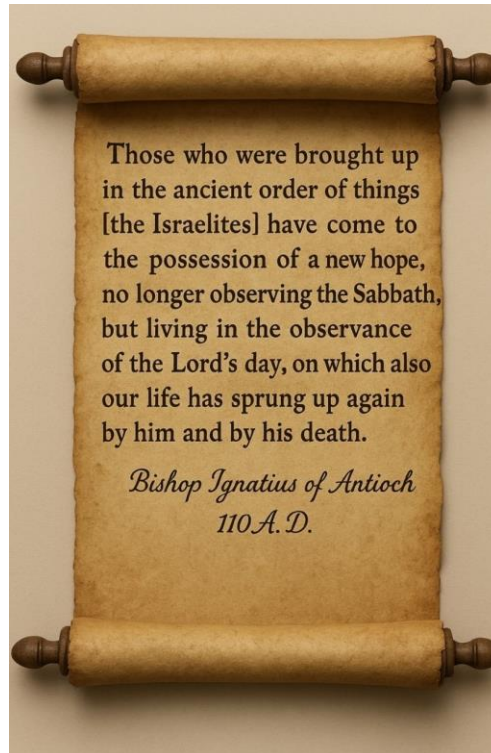


The Lord's Day (Sunday) As Fulfillment Of The Sabbath

Sabbath/Creation To The Lord's Day/The New Creation (In Christ)



Quote from St. Ignatius of Antioch, Catholic Bishop of Smyrna. 110 A.D.¹

Welcome to this Bible study on **"The Lord's Day"** (Sunday) in the **New Creation** as the **FULFIILLMENT** of **"The Sabbath"** day (Saturday) in the **Old Creation**. Let's begin in prayer.

**Come, Holy Spirit, fill the hearts of Your faithful;
And enkindle in them the fire of Your love.
Send forth Your Spirit, and they shall be created.
And You shall renew the face of the earth.**

Let Us Pray . . .

**O God, Who by the light of the Holy Spirit did instruct the hearts of the faithful,
grant that by the gift of the same Spirit, we may always be truly wise and ever rejoice
in His consolation, through Christ Our Lord. Amen.**

**Hail Mary, Full of grace the Lord is with thee.
Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

¹ St. Ignatius of Antioch in his Letter to the Magnesians, chapter 9, in about 110 A.D. Incidentally, St. Ignatius of Antioch was a Catholic Bishop and a disciple of "The Beloved Disciple", St. John the Evangelist (son of Zebedee and brother to St. James "the Greater"). In his letter to the Smyrnaeans (chapter 8, verse 2), St. Ignatius explicitly discusses the "Catholic Church" while discussing the Christ-given authority of the Bishops. The scroll image was made by me with AI (on ChatGPT).

Notes

Introduction/Outline

In a Hebrew paradigm, days BEGIN at evening or at DUSK. (Please see Genesis 1:5, 8, 13, 19, 23, 31 and Leviticus 23:32). Keep in mind then, (Saturday) the sabbath starts on Friday evening after dusk and goes until sundown on Saturday evening. (That's why we as Catholics, approximate this and have Saturday evening "Sunday" Liturgies.)

In this study we will look at some of the Catholic Christian Scriptural-Catechetical teachings on the Old Covenant Sabbath. We'll see how Jesus FULFILLS the sabbaths (corporate worship and rest).

We will see sabbaths oriented towards CREATION and how the new FULFILLED sabbath, is oriented to the NEW CREATION in Christ that we enter into in Baptism.

We will see that Jesus fulfills ALL of the Torah ("The Law"), not merely sabbaths.

We will see why this issue is a significant one, and who the "Judaizers" are.

We will look at the multifold purpose of the day of community worship ("the Christian assembly").

We will look at the time of transition from Judaism to Christianity with some special considerations.

We will see Jesus is the FULFILLMENT of the Old Covenant and analyze how Jesus makes all things new, including the Day of community worship in the Christian assembly.

And we will have a variety of informative Tables you can explore on your own if you wish.

Catholic Christian Scriptural-Catechetical Teachings Concerning Old Covenant Sabbath And New Covenant "The Lord's Day" (Sunday)

The Church teaches God's **CREATION** was fashioned with a view to the **SABBATH**, that is **Saturday**, **the seventh day** of creation (more later on darkness and "light" associated with the New Creation) the "**NEW CREATION**", "**SUNDAY**", "**The Lord's Day**", **The Eighth Day**, The Day of **NEW CREATION**.

CCC 347a Creation was fashioned with a view to the sabbath and therefore for the worship and adoration of God. Worship is inscribed in the order of creation.²¹⁵ . . .

GENESIS 2:1-3 1 Thus the heavens and the earth were finished, and all the host of them. 2 And on the seventh day God finished his work which he had done, and he rested on the seventh day from all his work which he had done. 3 So God blessed the seventh day and hallowed it, because on it God rested from all his work which he had done in creation.

The sabbath was "at the heart of" the Old Covenant "law" ("Israel's law").

CCC 348 The sabbath is at the heart of Israel's law. To keep the commandments is to correspond to the wisdom and the will of God as expressed in his work of creation.

In the Genesis account of the **SABBATH**, the Church sees it as “rich in profitable instruction” & “foundational” (CCC 345).

As Jesus FULFILLS the Old Order, we will soon see this “profitable instruction” and “foundation” of sabbaths still applied but ELEVATED in FULFILLMENT of Saturday sabbaths, culminating in the New Covenant’s “**LORD’S DAY**” (Sunday) worship.

With “The Fall”, comes a NEED for a NEW CREATION, a new restoration, a fulfillment, and elevation of ALL things created including the Sabbath.

That need becomes FULFILLED in Christ’s Resurrection. Christians have always recognized this.

CCC 349 The *eighth day*. But for us a new day has dawned: the day of Christ's Resurrection. The seventh day completes the first creation. The eighth day begins the new creation. Thus, the work of creation culminates in the greater work of redemption. The first creation finds its meaning and its summit in the new creation in Christ, the splendor of which surpasses that of the first creation.²¹⁷

Remember, the seventh day (the Sabbath) or Saturday is part of that **CREATION** that God gave us. The Sabbath was “made” it was **CREATED**.

MARK 2:27-28 27 And he said to them, "The sabbath was made for man, not man for the sabbath; 28 so the Son of man is lord even of the sabbath."

In the Fall of Adam and Eve universal disastrous consequences took place not just for mankind, but since man was set over CREATION or had “**dominion. . . over all the earth**” (see Genesis 1:26), “the Fall” affected EVERYTHING “made” in creation (including the sabbaths) which is now “groaning” in travail.

ROMANS 8:22 22 We know that the whole CREATION has been groaning in travail together until now;

Jesus Christ is Truly Fully God, AND as of 2000 years ago took on flesh of the Virgin Mary to Himself and thus is now also Truly fully man too (a TRUTH ABOVE reason).

Jesus is in the process of carrying out this restoration of ALL creation, beginning with mankind (in Christian Baptism putting us into Jesus’ Resurrection).

This restoration concerns not only mankind (which is applied via Baptism), but His continued work in all of creation too. This process will someday culminate with “a New Heavens and a New Earth” (See 2nd Peter 3:11-13).

Q: How do we know the sabbath is fulfilled now? Maybe that will be later also?

A: The Bible tells us the sabbath is fulfilled now, along with other of the Ten Commandments (as we will soon see). Also Jesus has a man take up his pallet and walk on the sabbath (we will see that too).

A Fulfilled Sabbath Was Prefigured In The Old Testament

When God completed creating the first six days, these passages always culminate in “the third day” or whatever day it was, concerning the first six days of creation². For example:

GENESIS 1:12 a, c 12 The earth brought forth vegetation, plants . . . And God saw that it was good. 13 And there was evening and there was morning, a third day.

But in the seventh day, we see no such “completion”.

This at least suggests prophetically, that the Seventh Day is not yet fulfilled, not “complete”. And God knew it would need fulfilling because of the Fall that will take place that God was aware of before it happened (a Fall of CREATION establishing **the need for a NEW CREATION**).

Notice on Day 7, there is **NO FINALITY**! It is almost a suggestion that NECESSARILY MORE is to come.

GENESIS 2:3 3 So God blessed the seventh day and hallowed it, because on it God rested from all his work which he had done in creation.

NOT Genesis 2:3 3 So God blessed the seventh day and hallowed it, because on it God rested from all his work which he had done in creation, the seventh day.

The Feast of Booths also suggests a later fulfillment of sabbaths will be coming. If you read Leviticus 23:34-41 you will see **first and eighth days (Sundays)** as rest days (!) and the days of the assembly or “convocation” for worship too, and how this is to be kept as a statute forever.

Jesus Unites Us To Himself Via Baptism Resulting In Us Being Born Anew And Becoming A New Creation In Christ Through His Resurrection

We were united to Jesus, His work on Calvary including His suffering and death, and His Resurrection to walk in “**NEWNESS** of life” in Baptism. (This “**newness**” in Jesus is HOW WE become a “**NEW creation**”.)

ROMANS 6:3-5 3 Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? 4 We were buried therefore with him by baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in **NEWNESS** of life. 5 For if we have **been united with him in a death like his, we shall certainly be united with him in a resurrection like his**.

In Christ’s Resurrection, Christians see a SUBSTANTIAL change in the order of creation, beginning immediately with Baptism.

JOHN 3:3, 5, 22 3 Jesus answered him, "Truly, truly, I say to you, unless one is **born ANEW**, he cannot see the kingdom of God." . . 5 Jesus answered, "Truly, truly, I say to you, unless one is **born of water and the Spirit**, he cannot enter the kingdom of God.. . 22 After this Jesus and his disciples went into the land of Judea; there he remained with them and baptized.

² Genesis 1:4, 1:8b, 1:13, 1:19, 1:23, 1:31.

Jesus tells Nicodemus who comes to Jesus in DARKNESS (v.2) about Baptism and being born “anew³” (there’s “NEWNESS”) in John 3, then immediately goes out and practices what he preaches in verse 22.

As the Sabbath is **to the OLD CREATION**, so is the FULFILLED and ELEVATED Sabbath, “The Lord’s Day” **to the NEW CREATION** in Jesus Christ (which you enter into through Christ’s Resurrection via Baptism⁴).

The Sabbath was but a shadow of “The Lord’s Day” in Christ (as we will soon explicitly see). A “shadow” is not the “real deal”. A FULFILLMENT of a “shadow” would be “the real deal”.

Catholic Christians affirm Jesus’ Resurrection “completes” and fulfills “the first creation”

2nd CORINTHIANS 5:17-18a 17 Therefore, **if any one is in Christ, he is a NEW CREATION**; the old has passed away, behold, the new has come. 18 All this is from God . . .

GALATIANS 6:15-16a 15 For neither circumcision counts for anything, nor uncircumcision, but a **NEW CREATION**. 16 Peace and mercy be upon all who walk by this rule. . .

Jesus FULFILLS The Torah (The Law) And The Prophets

Q: So what is the practical meaning of this new birth that comes with the New Covenant?

A: It means many things. But among them it means, because Christ has FULFILLED the Old Covenant we no longer have to eat kosher, or avoid meat with blood, or need to be circumcised to enter a mere natural non-saving covenant relationship with God (see Hebrews 10:4) as men did of old (c.f. Genesis 17:9-14⁵). The Covenant we now enter into IS SAVING, as the New Covenant is a PERSON—Jesus Christ.

But it also means we don’t follow after the **Old** Covenant festivals (because they have been fulfilled too). It also means, we are not bound to “a sabbath”. But this doesn’t mean we can “blow-off” community worship, rest, etc. It does mean the Sabbath is ELEVATED. It DOES mean we gather for our community worship in a new **fulfilled** way (Mass) and a new fulfilled day (Sunday, the Day of Jesus’ Resurrection).

King Solomon carried out offerings to the Lord in the Temple. The Temple was a miniature (“microcosm”) of CREATION. By the way, the Temple was eventually destroyed too as Christ fulfilled that (John 2:20-21).

³ The Greek word “another” here in John 3:3 means “anew³” or “again” and/or “from above”. All are correct.

⁴ **COLOSSIANS 2:11-14** 11 In him also you were circumcised with a circumcision made without hands, by putting off the body of flesh in the circumcision of Christ; 12 and **you were buried with him in baptism**, in which you were also raised with him through **faith in the working of God**, who raised him from the dead. 13 And you, who were dead in trespasses and the uncircumcision of your flesh, God made alive together with him, having forgiven us all our trespasses, 14 having **canceled the bond which stood against us with its legal demands**; this he set aside, nailing it to the cross. . . .

⁵ **GENESIS 17:9-14** 9 And God said to Abraham, "As for you, you shall keep my covenant, you and your descendants after you throughout their generations. 10 This is my covenant, which you shall keep, between me and you and your descendants after you: Every male among you shall be circumcised. 11 You shall be circumcised in the flesh of your foreskins, and it shall be a sign of the covenant between me and you. 12 He that is eight days old among you shall be circumcised; every male throughout your generations, whether born in your house, or bought with your money from any foreigner who is not of your offspring, 13 both he that is born in your house and he that is bought with your money, shall be circumcised. So shall my covenant be in your flesh an everlasting covenant. 14 Any uncircumcised male who is not circumcised in the flesh of his foreskin shall be cut off from his people; he has broken my covenant."

2nd Chronicles 8:12-13 has exactly the **same special days'** mentioned, that we're about to see FULFILLED in Christ's Resurrection as per Colossians 2:16-17! They were all "SHADOWS" St. Paul EXPLICITLY says!

COLOSSIANS 2:16 16 Therefore **let no one pass judgment on you in questions of food and drink or with regard to a festival or a new moon or a sabbath.**

Q: WHY? WHY St. Paul should we "let no one pass judgment" on us in questions of **a sabbath**?

A: Fortunately in the very next verse, St. Paul unmistakably tells us why.

Because those sabbaths were only a mere **prefigurement** or "only" a "**shadow**" (Greek = "skia") of (infinitely) greater things to come in Christ ("**the substance belongs to Christ**").

COLOSSIANS 2:16-17 16 Therefore **let no one pass judgment on you** in questions of food and drink or with regard to **a festival or a new moon or a SABBATH**. 17 **These are ONLY a SHADOW of what is to come; but the substance belongs to CHRIST.**

Jesus' and His Resurrection and His "NEW CREATION" is the fulfillment of ALL the "OLD CREATION".

These Old Covenant sabbaths were all "**only**" a mere "**shadow**" of what is to come in Christ, Colossians 2:16-17 teaches! These festivals, new moons, and Sabbaths could NEVER be FULFILLED by men. That burden is too heavy for humanity⁶.

Our Father, Yahweh knew the Israelites could not bear these commandments. So did St. Peter.

ACTS 15:10 10 Now therefore why do you make trial of God by putting a **yoke** upon the neck of the disciples **which neither our fathers nor we have been able to bear**?

In Acts 15, St. Peter is talking about the burden of circumcision. The same PRINCIPLE holds to sabbath keeping and we'll see that soon in Galatians 4

In John 5 by the water or "the pool" by "the sheep gate" (we are His "sheep"), we see Jesus fulfilling **sabbath prohibitions** and teachings of not just a mere spiritual renewal, but even a hint of a **PHYSICAL** Resurrection as well by curing a cripple of 38 YEARS on the sabbath and then taking up his pallet!

JOHN 5:8-11, 15-17 8 Jesus said to him, "Rise, **take up your pallet**, and walk." 9 And at once the man was healed, and he took up his pallet and walked. Now **that day was the SABBATH**. 10 So **the Jews said to the man who was cured, "It is the SABBATH, it is not lawful for you to carry your pallet."** 11 But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" . . . 15 The man went away and told the Jews that it was Jesus who had healed him. 16 And this was why the Jews persecuted Jesus, **BECAUSE he did this on the SABBATH**. 17 But Jesus answered them, "**My Father is working still, and I am working.**" 18 **This was why the Jews sought all the more to kill him, because he not only broke the sabbath but also called God his Father, making himself equal with God.**

⁶ **JEREMIAH 17:21, 23** 21 Thus says the LORD: Take heed for the sake of your lives, and **do not bear a burden on the sabbath day** or bring it in by the gates of Jerusalem. . . . 23 Yet **they did not listen or incline their ear**, but stiffened their neck, that they might not hear and receive instruction. . . .

The Law (the Torah) was preached up until the time of St. John the Baptist. After that, the FULFILLED LAW began to be preached. We will see more on that later when we look at Matthew 5.

LUKE 16:16 16 "The law and the prophets were until John; since then the good news of the kingdom of God is preached, and every one enters it violently.

Why Make A Big Deal Out Of Which Day Of Community Worship/Rest?

Question: Some people wonder: WHY we should make a big issue about which day you undertake for required community Worship and Rest?

Answer: For the SAME REASON St. Paul railed against "the Judaizers".

The Judaizers (St. Paul Refers To Them As "False Brethren" In Galatians 2:4)

Who were the Judaizers? They were Jewish people outwardly proclaiming Christianity but INSISTED upon Jesus NOT FULFILLING all of "The Law" ("The Torah"). St. Paul calls them "the circumcision party" (Gal. 2:12).

This "Judaizing", resulted in men NEEDING to be circumcised according to the Law of Moses (see page 6 footnotes on Genesis 17:9-14) and **insistence upon Old Covenant sabbath corporate worship and "rests"**.

Judaizers INSIST implicitly that Jesus did NOT FULFILL "The Law" ("The Torah") and the Prophets.

This is an unspoken **ATTACK on Jesus Christ** which in and of itself already leads to a defective Christology. Judaizers in the act of DENYING Jesus fulfilling ALL the Old Covenant, have already DISTORTED who Jesus is.

This is part of WHY St. Paul fought so fervently against the Judaizers, even calling them "FALSE BRETHREN" in Galatians 2:4 and teaching the principle of them going back to **"the yoke of SLAVERY" in Galatians 5:1!**

We saw that **"yoke"** language being used against the Judaizers in Acts 15:10 already. That "yoke of slavery" language would ALSO hearken St. Paul's hearers back to what Jesus said in Matthew 11, about a different "yoke", NOT about the "yoke of slavery", but about **"Jesus' yoke"** which gives REAL **REST from LABOR**.

MATTHEW 11:28-30 28 Come to me, all who **LABOR** and are heavy laden, and I will give you **REST**⁷. 29 Take **MY yoke** upon you, and learn from me; for I am gentle and lowly in heart, and you will find **REST** for your souls. 30 **For my yoke is easy, and my burden is light.**"

Jesus **FULFILLING** ALL of the Old Covenant does **AWAY** with some things like special foods, but it also **ELEVATES** other things such as morality, especially with the Ten Commandments (see Matthew 5:21-32).

St. Paul refers to the **Judaizers** in Galatians 2:4 as **"FALSE brethren"** because the Judaizers do NOT BELIEVE in the SAME **FULFILLING** Jesus that the Apostles are preaching, and substitute THEMSELVES **for Jesus' rest**.

These DENIALS from the Judaizers, St. Paul sees as a significant problem, and a distorted Christ is the result. The **most infamous Judaizer in early Christian history** may have **"Cerinthus"** who had a deep adversarial, contentious relationship with St. John the Evangelist. Cerinthus ALSO had a distorted image of Christ⁸.

⁷ Greek = for "rest" = "anapauo". See also Revelation 14:12-13.

⁸ **Cerinthus's doctrine was a blend of Gnosticism and Jewish practices, incorporating elements like the importance of the Sabbath and circumcision".** Excerpt from Google AI search on "Cerinthus and John".

False Christology, is SEEN TODAY in the 21st Century Judaizers too, by the Seventh Day Adventists (SDA's) and The Jehovah's Witnesses (JW's) who BOTH TRY to teach that Jesus did NOT FULFILL ALL of the Old Covenant.

Carrying out this Judaizing, HAS indeed led to a false Christology among the SDAs and JW's who BOTH teach Jesus is merely, "Michael"!!⁹ So SDA's either end up worshipping a strange god—Michael—before God. . . Or . . . DENYING Jesus is God altogether (Jesus' Divinity, was not even part of SDA official teaching until 1931¹⁰. The JW's still DENY Jesus is God also saying Jesus is "Michael".)

Judaizing **necessarily** results in a false Christology and is part of WHY a Judaizing worldview is so HARMFUL.

More Prefiguration (Shadow) In The Torah ("The Law") and Fulfillment In Jesus

Sabbath fulfillment (Sunday community worship, rest, etc.) is obligatory for "The Lord's Day", and ALSO holds true for Holy Days of obligation too (which likewise FULFILLS "festivals" and "new moons") unless mitigating circumstances arise such as a sick child for a parent. The Church see this as "GRAVE" matter!

CCC 2181 The Sunday Eucharist is the foundation and confirmation of all Christian practice. For this reason the faithful are obliged to participate in the Eucharist on days of obligation, unless excused for a serious reason (for example, illness, the care of infants) or dispensed by their own pastor.¹¹⁹ **Those who deliberately fail in this obligation commit a grave sin.**

All of "The Torah" or "The Law" including sabbaths was **"but a shadow of good things to come"**!

HEBREWS 10:1a 1 For since **the law has but a shadow (Greek = skain¹¹) of the good things to come** instead of the true form of these realities . . .

COLOSSIANS 2:16a, c-17 16 Therefore let no one pass judgment on you . . . with regard to **a sabbath**. 17 **These are only a shadow (Greek = skia¹²) of what is to come; but the substance belongs to Christ.**

- **Prefiguration or "Shadow": "The Sabbath" day (Saturday)/in the Old Creation**
- **Fulfillment: "The Lord's Day" (Sunday)/in the New Creation in CHRIST.**

The FULFILLMENT of that "shadow" or "prefiguration" is not a mere "rule" or regulation, but a PERSON, the PERSON of Jesus Christ.

MATTHEW 5:17 17 "Think not that I have come to abolish the law and the prophets; I have come not to abolish them but **to fulfill them**.

A SHADOW is NOT the REAL DEAL, but an approximation or foretaste of the REAL DEAL. For example, Peter's shadow ("skia") in Acts 5:12-16 is not Peter (it is not the "real deal").

This is WHY, for Christians, "a new day has dawned: the day of **Jesus Christ's** Resurrection", not **MY** mere sabbath-keeping (which is a form of Pelagianism or "works righteousness").

⁹ SDA's and JW's are both very evasive about admitting they think Jesus is "Michael" publicly to Christians.

¹⁰ See "AdventistToday.org" "Should Adventists Embrace the Nicene Creed" 18 April 2025 by Ferguson.

¹¹ Bible Hub

¹² Bible Hub

We also no longer have a mere Levitical priesthood, and a “**shadow**” (*skia*) day of corporate worship, but a priesthood where Christ is the High Priest (no Aaron or sons of Aaron “**shadow priesthood**”).

Those who have a share in Jesus’ new FULFILLED one high priesthood (His Bishops, then His ministerial priests (presbyters), and to a lesser extent, the priesthood of all Baptized believers—the laity) NECESSITATES a “change in the Law” but not a “change” in the sense of abolishing a MORAL teaching, but rather in the sense of a “SURPASSING” or “ELEVATION” of moral teaching (you can see some of that laid out in Matthew 5:17-32). ALL of the Commandments are now ELEVATED from Jesus’ work.

HEBREWS 7:12, 18-19 12 For when there is a change in the priesthood, **there is necessarily a change in the law (The Torah)** as well. . . . 18 On the one hand, **a former commandment is set aside because of its weakness and uselessness** 19 (for the law made **nothing** perfect); on the other hand, a better hope is introduced, through which we draw near to God.

I want to repeat CCC 349 here, because it is THAT important

CCC 349 *The eighth day.* But for us a new day has dawned: the day of Christ's Resurrection. **The seventh day completes the first creation. The eighth day begins the new creation.** Thus, the work of creation culminates in the greater work of redemption. The first creation finds its meaning and its summit in **the new creation in Christ**, the splendor of which **surpasses that of the first creation.**²¹⁷

- **The seventh day completes the first creation**
- **The eighth day begins the new creation**

Do we as Christians affirm Jesus makes ALL THINGS new?

REVELATION 21:5a, 6b 5 And he who sat upon the throne said, “**Behold, I make all things new.**” . . . 6b To the thirsty I will give from **the fountain of the water of life** without payment.

In fulfilling the Covenant, Jesus makes **all things new in Him** through His life, death, and most especially, His Resurrection (Romans 4:25). The “fountain of the water of life” is Baptism which puts us into Jesus’ Resurrection. See again Romans 6:3-5 and notice “newness of life” associated with Jesus’ Resurrection.

Transition Period For Some “Weak” Early Christians From The Sabbath To The Lord's Day

In the early Church, some Christians (“**your brother**” c.f. Romans 14:10) came in from the Israelite religion where they had **Saturday** (Sabbath) corporate worship, and various (kosher) food prohibitions.

The early Church later ALSO had Christians (“**brother**”) come in from various pagan religions where they may have had NO UNIVERSAL PARTICULAR DAY of worship, and ate various foods offered to false gods.

Both groups of people had a subset of them who carried some of their “**foods**”, or “**esteemed day**” concerns with them into Christianity. Some had “**esteemed days**”, while others had an irrelevant outlook concerning days’, (a **LACK of “esteemed” days** or “all days alike”).

St. Paul termed these people as, “**weak in faith**” but they are still described as “**brothers**” in the Lord.

St. Paul ALSO said, if these new converts into early Christianity have favorite or “esteemed” days (sabbaths) or are indifferent to days, not to hassle them. Also if they wanted to avoid certain foods (i.e. meat from “strangled animals”, or do a “Daniel” diet, etc.) that is fine. Leave them be. Let’s review this:

ROMANS 14:1-3a, 5-6, 10a 1 As for the man **who is weak in faith**, welcome him, but not for disputes over opinions. 2 One believes he may eat anything, while the **weak man eats only vegetables**. 3 Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; . . . 5 One man **esteems one day as better than another**, while **another man esteems all days alike**. Let every one be fully convinced in his own mind. 6 He who observes **the day**, observes it in honor **of the Lord**. He also who eats, eats in honor of the Lord, since he gives thanks to God; while he who abstains, abstains in honor of the Lord and gives thanks to God. . . . 10 Why do you pass judgment on **your brother**?

St. Paul NEVER said they could neglect the (Sunday) Christian assembly when they met as community for in “observing the day” . . . “in honor of the Lord” (He who observes **the day**, observes it in honor **of the Lord**.” [St. Paul is talking about “The Lord’s Day” here most likely]). See also Hebrews 10:19-29¹³ regarding these warnings not to neglect the Christian Assembly. These “weak” were never told they could abstain from the day of “the breaking of the bread and the prayers” on Sunday. In Gal. 4:8-10, St. Paul is almost certainly warning against abandoning the Christian Assembly (which again, met on **Sunday**) in favor of “days and months” etc. that **the Judaizers** would have been following after¹⁴.

GALATIANS 4:8-10 8 Formerly, when **you did not know God**, you were **in bondage** to beings that by nature are no gods; 9 but now that you have come to know God, or rather to be known by God, **how can you turn back again** to the **weak and beggarly elemental spirits**, whose slaves you want to be once more? 10 **You observe days, and months, and seasons, and years!** 11 **I am afraid I have labored over you in vain.**

The people merely looking back to and esteeming the sabbaths etc. are “weak” brethren, but they are not to be put out of the Christian Community. They are not to be despised. They are not to be judged. And if they are around you, you stronger brethren should try not to scandalize them by what YOU do.

ROMANS 14:1-2, 14-15 1 As for the man who is **weak** in faith, welcome him, but not for disputes over opinions. 2 One believes he may eat anything, while **the weak man eats only vegetables**. . . . 14 I know and am persuaded in the Lord Jesus that nothing is unclean in itself; but it is unclean for any one who thinks it unclean. 15 If your brother is being injured by what you eat, you are no longer walking in love. Do not let what you eat cause the ruin of one for whom Christ died.

Our Lord had the effect of cleaning-up much of the esteemed sabbath ideas of these “weak” Christians (which came in with them from Judaism), when He allowed the Destruction of the Temple in 70 A.D. as that was a dramatic change. St. Peter talks about some of those same concerns in Acts 15:19-22a.

¹³ You can read Hebrews 10:19-29 on your own.

¹⁴ From *The Ignatius Study Bible Old And New Testament* Copyright 2024 Ignatius Press p. 2077:

. . . . Apparently the Judaizers persuaded some of the Galatians to begin celebrating the weekly (Sabbath, Ex 20:8-11), monthly (New Moon, Num 28:11-15), Seasonal (Passover, Pentecost, etc. Deut 16:1-7) and yearly (New Years, see note on Lev 23:24) festivals of the Old Covenant (Col 2:16)

Common Sabbath Judaizing Objections

Objection: The Apostles went to the Temple and the Synagogues on the Seventh Day (Saturday), so this must have been the day of early Christian worship and rest for the Apostles.

Answer: Of course they went there on Saturdays. They were evangelizing their fellow Israelites. You don't go to the Synagogue on say, Tuesday, if you know the Jews that you want to evangelize are going to be there on Saturday. **In Scripture the new Jewish Christians never went to the Temple for corporate worship of Jesus Christ.** They would have been thrown out of the Temple. They were already thrown out of the Temple (and some synagogues) just for talking about Jesus there. That's WHY they HAD to meet in their homes for worship. And they did this corporate worship on the FIRST DAY of the WEEK in honor of Jesus' Resurrection and Christians becoming a NEW CREATION **IN Christ**).

Please see Table 1 for many Biblical examples of First Day (Sunday) Christian Liturgy.

Objection: Catholics think they can change the Sabbath to Sunday.

Answer: No we don't. The "Sabbath" is the Sabbath. It is the Seventh Day. But what we DO say is, that Christ fulfilled the Sabbath bringing us, "The Lord's Day". If a Catholic Christian calls Sunday "the sabbath" they only mean it in the sense of the FULFILLED Sabbath.

Objection: Why does the Catholic Church think it has the power to "CHANGE" the Sabbath?

Answer: The Catholic Church DID "ELEVATE" the Sabbath. Jesus breathed on the Apostles (which wasn't done since Adam of "Adam and Eve") and said "as the Father has sent Me, so now I send you" (John 20:21). How was Jesus sent to us? With AUTHORITY, "ALL AUTHORITY" (see Matthew 28:18). How did Jesus send out His Apostles? With **AUTHORITY** ("as the Father sent Me, **so now I send YOU.**")

This fulfillment of sabbaths to "The Lord's Day (Sunday) by Jesus, was recognized and carried out by the Catholic Church **right in Apostolic times** and that's WHY you see evidence of this explicitly in Scripture.

ST. THOMAS AQUINAS In the New Law the observance of the Lord's day (Sunday) took the place of the observance of the sabbath (Saturday), not by virtue of the precept (of God) but by the institution of the Church and the custom (Tradition) of Christian people.¹⁵

Objection: Constantine invented Sunday Christian worship in the 300's and the Catholic religion.

Answer: Well if you are REALLY worried about LATE religious developments; look no further than the invention of the Seventh Day Adventists in 1860. (Please see Table 3 for a brief history of the SDA's.)

But as to the charge of the supposed "Constantine invention" of Sunday corporate worship, this is **just plain false**. Look on the cover page to see St. Ignatius of Antioch, a Catholic Bishop, discussing the issue of "The Lord's Day" in 110 A.D. without any felt need to defend it. St. Ignatius of Antioch also explicitly pointed out that the sabbaths have been done away with (because of Jesus' FULFILLMENT). Recall also that St. Ignatius of Antioch was a DISCIPLE of the Beloved Disciple, St. John the Evangelist.

¹⁵ SMT SS Q [122] A [4] R.O. 4 Para. 1/1

See Table 2 for more PRE-Constantine evidence (Patristics) of sabbath FULFILLMENT and ELEVATION.

You can see Sunday corporate worship implicitly in the Scriptures (Please see Table 1) in accord with Jesus ELEVATING the Sabbath via His Resurrection—"The Lord's Day". Any explicit official Church statements after that, were RE-AFFIRMATIONS, not "inventions".

Objection: We SDA's focus on "Commandment Keeping"! Catholics refuse to OBEY the Commandments! (Please see Table 4 showing how this assertion of theirs, is completely false.)

Answer: Catholic Christians are the only GROUP that TEACHES ALL TEN Commandments in their entirety and correctly (many Protestant Christians INDIVIDUALLY believe and teach them properly too, but no ecclesial communions in Protestantism, nor the Millerite progeny totally affirm the Commandments).

Objection: So which other Commandments do Catholics CHANGE?

Answer: With the Resurrection of Jesus, **ALL of the Commandments** are fulfilled and thus "**SURPASSED**" (CCC 349) (**elevated, NOT done away with**). Let's look at the Commandment against adultery for example.

MATTHEW 5:21a, 27-28 21 "You have heard that it was said to the men of old . . . 27 "You have heard that it was said, 'You shall not commit adultery.' 28 But I say to you that every one who looks at a woman lustfully has already committed adultery with her in his heart.

The same type of Ten Commandment fulfilling (and raising the bar) is found with murder. . . .

MATTHEW 5:21-22 21 "You have heard that it was said to the men of old, 'You shall not kill; and whoever kills shall be liable to judgment.' 22 But I say to you that every one who is angry with his brother shall be liable to judgment; whoever insults his brother shall be liable to the council, and whoever says, '**You fool**¹⁶!' shall be liable to the hell of fire.

Read Matthew 5:17-32 on your own to get a clear explanation of Jesus ELEVATING at least some of the Ten Commandments explicitly here.

SUMMARY

We reviewed Catholic catechesis concerning sabbaths and the fulfillment of sabbaths.

We saw hints of this in the Old Testament and saw Jesus carry this out (fulfill this) in the New.

We saw **WHY this is an important issue** and how if you take a Judaizing view of Jesus NOT fulfilling ANY aspect of the Torah, it warps your Christology (view of Who Jesus is).

¹⁶ This Hebrew word "raqa" or "you fool" is not a mere name-calling of people as "fools". It is a curse on people that is the equivalent of "may you be a fool". They are wishing hell fire on others in such a curse. Dr. Brant Pitre does a fine job of this explanation and can be found online.

PSALM 14:1a 1 The fool says in his heart, "There is no God."

HEBREWS 11:6 6 And **without faith it is impossible to please him**. For whoever would draw near to God **must believe that he exists** and that he rewards those who seek him.

We took a look at a special time, the time of transitioning from the old to the new Covenant and how we as Christians approached that.

We reviewed some common Judaizing objections, especially from an SDA point of view.

Now let's close with a word of prayer.

Table 1 Resurrection Day (Sunday) In Scripture

MARK 16:1-2, 9a 1 And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. 2 And very early on **the first day of the week** they went to the tomb when the sun had risen. . . . 9 Now when he rose early on the first day of the week, **he appeared** first to Mary Magdalene . . .

LUKE 24:1, 13-16, 25-27, 30-31a, 33-36, 44 1 But on **the first day of the week**, at early dawn, they went to the tomb, taking the spices which they had prepared. . . . 13 **That very day** two of them were going to a village named Emmaus, about seven miles from Jerusalem, 14 and talking with each other about all these things that had happened. 15 While they were talking and discussing together, **Jesus himself drew near** and went with them. 16 But their eyes were kept from recognizing him. . . . 25 And he said to them, "O foolish men, and slow of heart to believe all that the prophets have spoken! 26 Was it not necessary that the Christ should suffer these things and enter into his glory?" 27 And **beginning with Moses and all the prophets**, he interpreted to them in all the scriptures the things **concerning himself**. . . . 30 **When he was at table with them, he took the bread and blessed, and broke it, and gave it to them.** 31 **And their eyes were opened and they recognized him** . . . 33 And they rose that same hour and returned to Jerusalem; and they found the eleven gathered together and those who were with them, 34 who said, "**The Lord has risen indeed, and has appeared to Simon!**" 35 Then they told what had happened on the road, and how **he was known to them in the breaking of the bread.** 36 As they were saying this, **Jesus himself stood among them**, and said to them, "Peace to you." . . . 44 Then he said to them, "These are my words which I spoke to you, while I was still with you, that **everything written about me in the law of Moses and the prophets and the psalms must be fulfilled.**"

In Luke 24:49 Jesus tells them of the promise of the Holy Spirit, that He will send them at Pentecost (which by the way, will ALSO be on a SUNDAY) . . .

LUKE 24:49 49 And behold, **I send** the promise of my Father upon you; but stay in the city, until you are clothed with power from on high."

JOHN 20:1-2a, 14-15a 1 Now on the first day of the week Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. 2 So she ran, and went to Simon Peter and the other disciple, the one whom Jesus loved . . . 14 Saying this, she turned round and saw Jesus standing, but she did not know that it was Jesus. 15 Jesus said to her, "Woman, why are you weeping? Whom do you seek?" . . .

JOHN 20:19-24a 19 On the evening of **that day, the first day of the week**, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." 20 When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. 21 Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." **22 And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. 23 If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."** 24 Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came.

JOHN 20:26-27 26 **Eight days later (Sunday)**, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." 27 Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing."

In John 21:1 and following that was probably a Sunday as well . . .

JOHN 21:1 1 After this Jesus revealed himself again to the disciples by the Sea of Tiberi-as; and he revealed himself in this way.

As we consider Acts 20:7 below, remember, Sunday officially BEGINS at Saturday evening at DUSK.

In Acts 20:7 below, we KNOW for sure, “they were gathered together to break bread” on a Sunday—the “first day of the week”. We also know almost certainly, this was a Saturday evening Mass (perhaps a late start, prolonging his homily, due to packing and preparation earlier for travel the next daylight) that went until past Midnight (St. Paul was leaving on a ship in the morning, probably an early Sunday morning departure). Mass was interrupted by St. Paul raising a young lad from the dead who fell out of the third story window, and then proceeded.

ACTS 20:7 7 On the first day of the week, when we were gathered together to break bread, Paul talked with them, intending to depart on the morrow; and he prolonged his speech until midnight. . . 11 And when Paul had gone up and had broken bread and eaten, he conversed with them a long while, until daybreak, and so departed.

St. John was almost certainly offering Mass here in Revelation 1 . . .

REVELATION 1:9-11 9 I John, your brother, who share with you in Jesus the tribulation and the kingdom and the patient endurance, was on the island called Patmos on account of the word of God and the testimony of Jesus. 10 I was in the Spirit on the Lord's day, and I heard behind me a loud voice like a trumpet 11 saying, "Write what you see in a book and send it to the seven churches, to Ephesus and to Smyrna and to Pergamum and to Thyatira and to Sardis and to Philadelphia and to La-odicea."

The Mass collection is taken up on a Sunday . . .

1st CORINTHIANS 16:1-2 1 Now concerning the contribution for the saints: as I directed the churches of Galatia, so you also are to do. 2 On the first day of every week, each of you is to put something aside and store it up, as he may prosper, so that contributions need not be made when I come.

From the time of Ascension Thursday until Pentecost Sunday is nine days of preparation and the Tenth Day, was Pentecost Sunday. The Blessed Virgin Mary and many of Jesus' disciples (120 “brothers” of Jesus, translated here as “brethren” of Jesus) all did a NINE DAY novena of prayer which although not described almost certainly included daily Mass. “With one accord” suggests liturgical prayer (Mass).

ACTS 1:9-15a 9 And when he had said this, as they were looking on, he was lifted up, and a cloud took him out of their sight. 10 And while they were gazing into heaven as he went, behold, two men stood by them in white robes, 11 and said, "Men of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven." 12 Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away; 13 and when they had entered, they went up to the upper room, where they were staying, Peter and John and James and Andrew, Philip and Thomas, Bartholomew and Matthew, James the son of Alphaeus and Simon the Zealot and Judas the son of James. 14 All these with one accord devoted themselves to prayer, together with the women and Mary the mother of Jesus, and with his brothers. 15 In those days Peter stood up among the brethren (the company of persons was in all about a hundred and twenty) . .

After Pentecost the Apostles continued to offer daily Masses as well . . .

ACTS 2:41-42, 46-47 41 So those who received his word were baptized, and there were added that day about three thousand souls. 42 And they devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. . . 46 And day by day, attending the temple together and breaking bread in their homes, they partook of food with glad and generous hearts, 47 praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.

They attended the Temple together for Jewish prayer and to evangelize the Jews. But their worship of Jesus services (“breaking bread”), were done in their HOMES as worship of Jesus would not have been allowed in the Temple by the Jews.

TABLE 2

Some Patristics (The Fathers) on Sunday Corporate Worship and Rest¹⁷

THE DIDACHE “But every Lord’s day . . . **gather yourselves together and break bread**, and give thanksgiving after having confessed your transgressions, that your sacrifice may be pure. But let no one that is at variance with his fellow come together with you, until they be reconciled, that your sacrifice may not be profaned” (*Didache* 14 [A.D. 70]).

REVELATION 1:9a, 10 9 I John . . . 10 I **was in the Spirit on the Lord’s day**, and I heard behind me a loud voice like a trumpet . . .

ST. IGNATIUS OF ANTIOCH “[T]hose who were brought up in the ancient order of things [i.e. Jews] have come to the possession of a new hope, **no longer observing the Sabbath, but living in the observance of the Lord’s day**, on which also our life has sprung up again by him and by his death” (*Letter to the Magnesians* 8 [A.D. 110]).

LETTER OF BARNABAS “We keep **the eighth day [Sunday]** with joyfulness, the day also on which Jesus rose again from the dead” (*Letter of Barnabas* 15:6–8 [A.D. 74]).

ST. JUSTIN THE MARTYR “But **Sunday** is the day on which we all hold our common assembly, because it is the first day on which God, having wrought a change in the darkness and matter, made the world; and **Jesus Christ our Savior on the same day rose from the dead**” (*First Apology* 67 [A.D. 155]).

EUSEBIUS OF CAESAREA “They [the early saints of the Old Testament] did not care about circumcision of the body, neither do we [Christians]. **They did not care about observing Sabbaths, nor do we.**” (*Church History* 1:4:8 [A.D. 312]).

EUSEBIUS OF CAESAREA “[T]he day of his [Christ’s] light . . . was **the day of his resurrection from the dead**, which they say, as being the one and only truly holy day and the Lord’s day, is better than any number of days as we ordinarily understand them, and **better than the days set apart by the Mosaic law for feasts, new moons, and Sabbaths**, which **the apostle [Paul] teaches are the shadow of days and not days in reality**” (*Proof of the Gospel* 4:16:186 [A.D. 319]).

ST. ATHANASIUS “The Sabbath was the end of the first creation, **the Lord’s day was the beginning of the second**, in which he renewed and restored the old in the same way as he prescribed that they should formerly observe the Sabbath as a memorial of the end of the first things, so we honor the Lord’s day as being the memorial of the new creation” (*On Sabbath and Circumcision* 3 [A.D. 345]).

ST. CYRIL OF JERUSALEM “Fall not away either into the sect of the Samaritans or into Judaism, for Jesus Christ has henceforth ransomed you. **Stand aloof from all observance of Sabbaths and from calling any indifferent meats common or unclean**” (*Catechetical Lectures* 4:37 [A.D. 350]).

The Council of Laodicea in Phrygia, modern-day Turkey, (likely 363-364 A.D. with estimates from 343 to 381 A.D.) was a regional Council, not an Ecumenical Council. It was a Greek-speaking synod. Canon 29 is a reaffirmation of teaching since the time of the Apostles.

THE COUNCIL OF LAODICEA, CANON 29 - **Christians must not judaize** by resting on the Sabbath, but must work on that day, rather honoring the Lord’s Day; and, if they can, resting then as Christians. But if any shall be found to be **judaizers**, let them be anathema from Christ.

There were still “**judaizers**” in the 300’s that thought THEY could FULFILL sabbath precepts while simultaneously DENYING Jesus of doing this! Utterly bizarre. The Church was still condemning this concept, just as in Apostolic times and just as the Church does today too.

¹⁷ Source = <https://www.catholic.com/tract/sabbath-or-sunday>

TABLE 3

Historical Roots And Spiritual Patrimony Of SDA's (And JW's) And Their Raising Objections To Jesus Fulfilling Saturday Communal Worship—The Millerites

The SDA's are modern-day Judaizers concerning sabbaths (many of them also have special vegetarian diets too). They DENY Jesus FULFILLED ALL of the Old Covenant thereby ELEVATING the Ten Commandments. This assertion that Jesus did not get that job done, has led to a faulty Christology (they do not understand Jesus is True God AND True man who COMPLETELY FULFILLED the Old Covenant).

The SDA's (as we mentioned in the study) was steep into DENYING Jesus as God for quite a while and even today some SDA's DENY Jesus' Divinity. Jesus' Divinity was not even part of SDA official teaching until 1931¹⁸!

The Seventh Day Adventists were officially named in 1860. According to Jimmy Akin: "Ellen Gould White, who claimed to have received many visions confirming these (SDA) doctrines. Together with Hiram Edson and Joseph Bates...formed the Seventh-Day Adventist denomination".

William Miller William Miller (1782-1849 A.D.) a Baptist preacher and Freemason rekindled a 1500's **non-Christian** Sabbatarian heresy of the need for Saturday corporate worship. Miller predicted the end of the world and failed.

The "end of the world" prediction craze was fueled along by other false prophetic errors (of John Nelson Darby -- Darbyists/inventing "the Rapture") at the time, so Miller's end-times ideas were carried along by the "Rapture" sensation and thus Miller got a second chance to predict the Second Coming of Jesus.

Miller started to get more followers in this fad but many were suspicious of Miller's Masonic ties so he allegedly "resigned" from the Masons, which increased his following substantially. Miller then again wrongly prophesied the Second Coming of Christ, this time on October 22nd, 1844 and this time with a substantially larger following. To this day the spiritual "children" of Miller call this day (October 22nd, 1844) as "**The Great Disappointment**".

To rationalize away Miller's bogus prediction, the SDA founders (**before** inventing the SDA itself) invented the doctrine of "**The Investigative Judgment**" which pretends their false prophecy REALLY CONCERNED a purification of the Heavenly sanctuary with Jesus only beginning to examine the lives and hearts of people starting in 1844 from in Heaven. This is "NECESSARY DOCTRINE" among SDA's even today and is yet another DISTORTION of Jesus. Jesus is God and already knows the hearts of men in the past, present, and future!

SDA's also make excuses about the "Great Disappointment" saying that some early Christians got "Second Coming" day predictions wrong too. But this was never Church "doctrine" among Christians, just speculation of individuals.

After the "Great Disappointment", Miller's dejected followers dispersed, but TWO groups in particular latched onto many of Miller's errors and "re-tooled" themselves eventually into "The Seventh Day Adventists" (SDAs) and "The Jehovah's Witnesses (JW's)". SDA's in a bizarre twist, think their **Ellen Gould White (1827-1915) was an INSPIRED PROPHET of God!**¹⁹

They had a lot of non-Christian beliefs in common including "soul sleep," Jesus allegedly being "Michael", and of course their subtle DENIAL of Jesus FULFILLING The Torah or "The Law" including Him allegedly NOT FULFILLING the sabbaths!

SDA's also have a bizarre doctrine that God the Father has a physical "body" (based upon confusion of Genesis 1:26-27, John 14:9 etc.) which distorts God the Father too and His Omnipresence²⁰.

The spiritual children of Miller have other peculiar non-Christian beliefs as well. When modern-day Millerites try to pull a Protestant Christian or a Catholic Christian out of Christianity, they are very evasive about admitting these peculiar beliefs to them. Ask them about these bizarre doctrines and watch how evasive they are about admitting them to you.

Modern-day "Millerites" have a LOT of social CONTROL factors they had to put into place to keep their adherents in place.

¹⁸ See "AdventistToday.org" "Should Adventists Embrace the Nicene Creed" 18 April 2025 by Ferguson.

¹⁹ They won't tell you they think EG White was an inspired prophet. It is like pulling teeth to get them to admit that to an "outsider". The same with SDAs thinking Jesus is "Michael"—they won't tell you that voluntarily.

²⁰ Jesus has two NATURES, a human and Divine. Jesus in His Divine nature is, was, and always will be and, like the Holy Spirit and God the Father, is omnipresent which is a mystery beyond our understanding.

This results in many Christians and even secular mind-control-watch groups seeing SDA's and JW's as a "cult"²¹.

Just a FYI. SDA's and JW's don't like to call the seventh day "Saturday". And they refuse to call Sunday, "The Lord's Day" either.

Anyone who gets out of line in the Millerite posterity can **instantly lose their whole social structure** (that the cults spend years developing) which can come crashing down on the judgment of an "elder" or elders resulting in "**disfellowshipping**" which members are acutely fearful about. You lose all your "friends" and sometimes even your own FAMILY MEMBERS including their parents (quickly abandoning the Commandment to "Honor your father and mother")!

When discussing points that SDA's have no answers on, it has been my experience that they're PROGRAMMED to repeatedly call you names such as "liars" and "Commandment Breakers" while merely repeating verses that Christians already AFFIRM about the Old Covenant era's sabbath commands and continue repeating their arguments (a "Tautology") ignoring the issues.

Interestingly, these modern-day Judaizers do not insist upon keeping circumcision commands, despite Genesis 17. I have not seen them admit that Jesus FULFILLED that so now we ALL (not just males) put on "The circumcision of Christ" (Colossians 2) by being Baptized.

GENESIS 17:9-14 9 And God said to Abraham, "As for you, you shall keep my covenant, you and your descendants after you throughout their generations. 10 This is my covenant, which you shall keep, between me and you and your descendants after you: Every male among you shall be circumcised. 11 You shall be circumcised in the flesh of your foreskins, and it shall be a sign of the covenant between me and you. 12 He that is eight days old among you shall be circumcised; every male throughout your generations, whether born in your house, or bought with your money from any foreigner who is not of your offspring, 13 both he that is born in your house and he that is bought with your money, shall be circumcised. So shall my covenant be in your flesh an everlasting covenant. 14 Any uncircumcised male who is not circumcised in the flesh of his foreskin shall be cut off from his people; he has broken my covenant."

SDA's today (according to an SDA minister I have been discussing this all with) see Daniel 7:25 (wrongly) as a prophecy about changing Saturday worship to Sunday worship. I think they basically throw their book "National Sunday Law" (by A. Jan Marcussen) into this passage. He wouldn't admit this to me, but he did admit it to someone else about their thoughts on this passage. They cannot see that THEY themselves are the "**CHANGE**" from **historical Christianity** that came approximately 1861 years later along with the early Judaizing heretics like **Cerinthus**. A "time, two times, and half a time" is about three and a half years. Christians have been holding to Sunday corporate worship a lot longer than three and a half years.

DANIEL 7:25-26 25 He shall speak words against the Most High, and shall wear out the saints of the Most High, and shall think to change the times and the law; and they shall be given into his hand for a time, two times, and half a time. 26 But the court shall sit in judgment, and his dominion shall be taken away, to be consumed and destroyed to the end.

The SDA's worldwide are growing in leaps and bounds and are focusing in many cases on heavily Catholic countries and places where **under-catechized Catholics** serve as an easy target for them.

TABLE 4

A Re-Reading Of Colossians 2, In Light Of SDA Teachings

I had a discussion with an SDA who kept calling Catholic Christians (and Protestants) "Commandment Breakers". I told him it was the other way around.

I explained to him the SDAs have "strange gods" with their "Michael" invention. I reminded him that the SDA's didn't even officially teach that Jesus is God until 1931. From what I'm told, even today as many as a third of SDA's don't believe in the Trinity.

²¹ A "cult" is not mere "whacky beliefs" like a lot of people wrongly think (although the cults definitely have odd beliefs too). A CULT is a whole series of oppressive SOCIAL CONTROL mechanisms designed to manipulate its adherents and keep them doing what the cult leaders desire on behalf of themselves and fellow leaders. The Moonies are an example of a cult. SDAs and JW's are also seen by many as "cults". See "Seventh Day Adventism BITE Model Analysis" at <https://freedomofmind.com/resource-links/group-information-resource/38131-2/>

SDA's (and some Protestants) make a separate commandment of no graven images in Exodus 20. They make a big deal about it too. I showed him it means no WORSHIP of graven images and God COMMANDS graven images in Exodus 25.

I also showed him the SDA's have a graven image bust of E. G. White and brag about it in one of their SDA journals. I said that I affirm that is fine. But you CRITICISING other Christians for this accusing them of sin, while evasively okaying it for yourselves is dishonest.

To view their graven image yourself, see:

Adventist Review
13 Apr 2015

Ellen White Gets a World-Class Visitor Center

<https://adventistreview.org/news/ellen-white-gets-a-world-class-visitors-center/>

I explained to him the SDAs refuse to follow the FULFILLED sabbath (the Lord's Day) thus DENYING Jesus fulfilling ALL of the Old Covenant.

I explained to him the SDAs are okay with them refusing to honor their father and mother via their DISFELLOWSHIPPING paradigm if they are disfellowshipping "Mom" or "Dad".

I pointed out that the SDAs are happy to overlook the Commandment NOT to STEAL by looking the other way, in the many credible accusations of **Ellen Gould White** (their "inspired" founder) and EG White's STEALING of other people's writings (**EGW's plagiarism²² problem**) and attributing them to herself.

I reminded him (using the King James Version which they often use) that they refuse to hold their own people, even their ELDERS to the Commandment against adultery (I am not talking about a married Catholic couple who have had a Decree of Nullity by someone in authority to do so, i.e. a Bishop). I used the King James Version (KJV—which many Adventists use).

MARK 10:10-12 (KJV) 10 And in the house his disciples asked him again of the same matter.

11 And he saith unto them, Whosoever shall put away his wife, and marry another, committeth adultery against her.

12 And if a woman shall put away her husband, and be married to another, she committeth adultery.

And St. Luke's Gospel even has the implicit teaching that this is a FULFILLMENT of the Old Law reminding us that this is not a "failure" of "The Law" (it is a FULFILLMENT though)! (The SDA I was talking to quoted Luke 16:17. When I reminded him of Luke 16:18 that goes along with it, he refused to answer and just kept changing the subject.

LUKE 16:17-18 (KJV) 17 And it is easier for heaven and earth to pass, than one tittle of the law to fail. 18

Whosoever putteth away his wife, and marrieth another, committeth adultery: and whosoever marrieth her that is put away from her husband committeth adultery.

Keeping all this in mind, re-read Colossians 2 excerpts below in light of SDA teachings and it is hair raising.

COLOSSIANS 2:8-12, 14-18,23 8 See to it that no one makes a prey of you by philosophy and empty deceit, **according to human tradition, according to the elemental spirits of the universe** (some of the same terminology St. Paul used

²² One OBVIOUS example of Ellen Gould White's STEALING, that is brought up (there are others) is E.G. White's book: "Sketches from the Life of Paul" which was written in 1883. This book "Was largely copied from another book on the life of Paul by authors named Conybeare and Howson" (according to "Test the Prophet", and Ex-SDA on Youtube. See "Testing Ellen White's Writings (Seventh Day Adventism) Part I". The book White allegedly stole from is "The life and Epistles of St. Paul written by W. J. Conybeare and J.S. Howson. This book was published in 1853!! By the way, you can still purchase these books for yourselves and see for yourself. The SDAs give new titles to some of her books to try to fool you many think. They also pen some alternative names for the same reason according to some.

when castigating the Judaizers in Galatians 4), and not according to Christ. 9 For in him the whole fulness of deity dwells bodily, 10 and you have come to fulness of life in him, who is the head of all rule and authority.

(Continued on the next page)

11 In him also you were circumcised with a circumcision made without hands, by putting off the body of flesh in the circumcision of Christ; 12 and you were **buried with him in baptism (SDA's DENY this and see Baptism as an ordinance, not a Sacrament which gives real grace)**, in which you were also raised with him through faith in the working of God, **who raised him from the dead**. . . . 14 having **canceled the bond which stood against us with its legal demands**

(SDAs DENY this in regards to the sabbaths and some SDAs also for eating various foods);

this he set aside, nailing it to the cross.

15 He disarmed the principalities and powers and made a public example of them, triumphing over them in him. 16 Therefore let no one pass judgment on you in questions of food and drink or with regard to a **festival** or a **new moon** or a **sabbath**. 17 These are only a **shadow** (Greek = skia) of what is to come; but **the substance belongs to Christ**. (they DENY this too with regards to Jesus' Resurrection FULFILLING the sabbaths)

18 Let no one disqualify you, insisting on self-abasement

and worship of angels (Recall, SDAs teach Jesus is "Michael"),

taking his stand on visions (SDAs stand on the "visions" of their alleged "INSPIRED" prophet, Ellen Gould White despite E. G. White's alleged STEALING with her plagiarisms),

puffed up without reason by his sensuous mind (SDAs RE-DEFINE Adultery so as to IGNORE the Scripture passages of Mark 10:10-12 and Luke 16:17-18 approving of adultery in certain circumstances and even refusing to condemn some premeditated MURDER in the case of ABORTION!)

. . . 23 These have indeed an **appearance** of wisdom in **promoting rigor** of devotion and self-abasement and severity to the body, but

they are of no value in checking the indulgence of the flesh (again in the SDA approving of adultery and also their contaminating the marital union act with their approval of contraception despite Genesis 1:27-28).

SDA's refer to themselves as "Commandment Keepers" to me when I have had discussions with them and simply IGNORE these issues I bring up. They merely keep repeating to me their **programmed lines** about them being "Commandment Keepers" and how Catholics Christians, or "catholics" are "liars".

The Millerite progeny (SDA's and JW's) views are very anti-incarnational toward Jesus. So far I have not been able to have a rational Bible-based discussion with ONE SDA concerning these issues. They never deny these issues I bring up. They just IGNORE them and keep repeating (a logical tautology²³) that they are right.

TABLE 5

A Fun And Interesting Meditation From The Psalms On The Lord's Day (Sunday) From The Late Pope John Paul II From Dies Domini

Psalms 118 prophetically looked forward to such a fulfillment day too (See Pope John Paul II's input on this²⁴). (When you are at Mass hearing: **"This is the day, the Lord has made, let us rejoice and be glad in it"**, this passage should hearken you not only to Jesus' life, Passion, Crucifixion, and death. It should ALSO hearken you to Jesus' Resurrection—"The Lord's Day [Sunday].

PSALM 118:5, 11, 13-14a, 24-25a 5 Out of my distress I called on the LORD; the LORD answered me **and set me free**. . . . 11 They surrounded me, surrounded me on every side; in the name of the LORD I cut them off! . . . 13 I was pushed hard, so that I was falling, but the LORD helped me. 14 **The LORD** is my strength and **my song**; **he has become my salvation**. . . .

24 **This is the day which the LORD has made; let us rejoice and be glad in it.** 25 **Save us** (Recall Jesus was "raised" for our justification—Romans 4:25), we beseech thee, O LORD! . . .

²³ A **tautology** is thinking the repetition of an argument somehow makes that argument right (without any other support). I wonder if SDA's are actually **TAUGHT/PROGRAMMED to argue this illogical way** (as I have seen it firsthand many times)?

²⁴ Psalm 118:5 quoted in **Saint Pope John Paul II's Encyclical Dies Domini** (Day of the Lord) from 1998 in the context of Sunday, "The Lord's Day". "Rightly, then, the Psalmist's cry is applied to Sunday" Section 1.